



MAHARASHTRA EDUCATION SOCIETY'S

MES NIGHT COLLEGE OF ARTS & COMMERCE

(Affiliated to Savitribai Phule Pune University, Pune)

(Recognized by Government of Maharashtra)

(Accredited by NAAC)

SPORTS ACTIVITIES

15 DECEMBER 2025 TO 22 DECEMBER 2025



The actual sports events commenced on 18/12/2025. On this day, Volleyball and Dodge Ball competitions were organized. These events witnessed enthusiastic participation from both boys and girls, reflecting team spirit and coordination. The activities were coordinated by Mr. Pushkaraj Kashid and Prof. Amardeep Gurme, Prof. Shivkumar Rao, with active support from student coordinators Aditya Naik (Head of Coordinator) Shreyog Jadhav, Ruchir Kulkarni, Sai Nirmal, Pooja Padwal, Santosh Hiramani, Anshul Khatawane and Pallavi Kawathewar.

On 19/12/2025, athletic events including 100-meter running, 100-meter relay running, and Tug of War were conducted. These events highlighted students' physical endurance, speed, strength, and teamwork with efficient coordination by student volunteers Nakul Bhole, Mayuri Kamble, Pranav Khutwad, Rutuja Gaiwad, and Aditya Naik.



MES Night College of Arts and Commerce, Pune, successfully organized a series of Sports Activities and Competitions from 15/12/2025 to 22/12/2025 to promote physical fitness, teamwork, discipline, and a spirit of healthy competition among students.

As part of the preparatory phase, the period from December 15, 2025, to December 17, 2025, was earmarked for sports practice sessions and registration. During this time, students were given sufficient opportunities to practice group events, understand rules, and register for various competitions. This planning phase played a vital role in ensuring the smooth execution of the activities.





The focus shifted to indoor games on 20/12/2025, with Chess and Carrom competitions. These events encouraged strategic thinking, concentration, and mental agility among participants. The competitions were coordinated by student coordinators Anshul Khatawane and Pallavi Kawathewar, ensuring a smooth conduct.

The sports program concluded on December 22, 2025, with Surya Namaskar and Shot Put events. These activities emphasized physical discipline, stamina, and overall well-being. The events were conducted with support from student coordinators Pallavi Kawathewar and Aditya Naik.



Overall, the Sports Activities Program was highly successful and received positive feedback from students and faculty. The enthusiastic participation of both boys and girls fostered inclusivity and sportsmanship. The dedicated efforts of faculty coordinators and student volunteers ensured the smooth and disciplined execution of all events. The program effectively fulfilled its objective of encouraging a healthy lifestyle, teamwork, and holistic development among students.

Outcomes

- Students demonstrated improved physical endurance, coordination, and strategic thinking.
- The program enhanced leadership and organizational skills among student coordinators.
- A strong sense of unity and camaraderie was observed among participants across different classes.

