



# MES Night College of Arts and Commerce

## Garware College Campus, Karve Road, Pune

Affiliated to Savitribai Phule Pune University, Pune

Recognised by Government of Maharashtra

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## Nirbhay Kanya Abhiyan - Women Empowerment & Feminism

Organized by Board of Students Development, Savitribai Phule Pune University, Pune

In Collaboration with Maharashtra Education Society's MES Night College of Arts & Commerce

Date: 8th February 2025 (Saturday)

Time: 5:30 PM

Venue: A.V. Hall

### Introduction:

The event aimed to raise awareness about gender equality and equip young women with the knowledge necessary to advocate for their rights and empowerment.

Dr. Aparna Lalingkar was invited as the guest speaker, with an introduction given by Prof. Amardeep Gurme. Dr. Lalingkar delivered an engaging session that emphasized the significance of gender roles, family dynamics, and societal attitudes in shaping women's empowerment.

### Key Highlights of the Session:

- Dr. Aparna Lalingkar elaborated on the importance of gender roles, family influence, and societal attitudes in promoting women's empowerment.
- She explained the meaning and concept of Women Empowerment and Feminism in the Indian context, using various Indian examples to help the audience connect with the topic.
- The session fostered an interactive discussion, making it engaging and insightful for students.
- Legal rights, education, and self-awareness were highlighted as essential components of empowering women in society.

### Outcomes of the Program:

- Students gained awareness about the role of gender equality in shaping a progressive society.
- A strong discussion platform was created, encouraging students to voice their opinions and concerns.
- Participants developed a sense of responsibility and empowerment in addressing gender-related challenges.
- The session motivated students to actively engage in advocacy and awareness campaigns for women's rights.

The Nirbhay Kanya Abhiyan - Women Empowerment & Feminism session was a highly impactful and educational event, enlightening students on essential gender-related issues. Dr. Aparna Lalingkar's insightful lecture and interactive approach left a lasting impact on all attendees. The event concluded with a vote of thanks to the students Pooja Padvalkar, guest speaker, and participants for their enthusiastic involvement and contribution to the success of the program.



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