



Maharashtra Education Society  
**MES Night College of Arts and Commerce**  
Karve Road, Pune

## **Vetal Tekadi Trek**

**Date:** 15th March 2024

**Venue:** Vetal Tekadi, Pune

### **Introduction:**

MES Night College of Arts and Commerce organized a trek to Vetal Tekadi on 15th March 2024. The trek aimed to combine physical activity with environmental awareness and team-building among students.

### **Objective of the Program:**

- To encourage physical fitness and promote outdoor activities.
- To foster an appreciation for nature and local biodiversity.
- To instill the values of teamwork and perseverance.
- To provide students with a refreshing break from their academic routine, encouraging mental well-being.

### **Program Execution:**

The trek commenced in the evening with enthusiastic participation from students and faculty. Proper safety measures and instructions were provided before the trek. The trail covered key viewpoints of Vetal Tekadi, offering panoramic views of Pune city and surrounding landscapes.

Students engaged in:

- **Nature Exploration:** Observing the flora and fauna of the hill.
- **Group Activities:** Team-building exercises and interactive sessions during rest stops.
- **Environmental Awareness:** Discussions about the importance of preserving local ecosystems.

### **Outcomes of the Program:**

1. **Physical and Mental Wellness:** Students experienced the benefits of outdoor physical activity, enhancing their overall well-being.
2. **Environmental Consciousness:** The trek fostered a deeper understanding of the need to protect natural spaces like Vetal Tekadi.

3. **Team Building:** Group activities strengthened bonds among participants, improving teamwork and communication.
4. **Skill Development:** Participants gained practical trekking skills, such as navigation and endurance.
5. **Memorable Experience:** The event provided a refreshing and enriching experience, leaving participants inspired and rejuvenated.

The Vetal Tekadi trek was a fulfilling experience that aligned with the college's commitment to holistic development. It encouraged students to appreciate the natural environment while promoting health and teamwork. Such initiatives highlight the importance of outdoor education in creating well-rounded individuals.

**Photos :**

